



Brow Henna After Care

In the first 24 hours after the treatment, follow these rules:

- Don't get your brows wet
- Don't expose them to sweat or steam
- Don't expose them to heat
- Don't apply any makeup on or around the brows
- Don't expose your brows to sunlight
- Don't apply any harsh skincare on the area (including makeup removers)
- Don't apply any product that contains fragrance to the area

All these can cause the shade on the skin to fade prematurely. The shade generally lasts shorter than the hair dye – 1-2 weeks – so you definitely don't want to accelerate its fading even further! The color of the hairs is more resilient and lasts up to 5 weeks.

Here's what you should do for the longevity of your henna brows if you want to keep the effects for their full lifespan:

- Avoid sunlight exposure for long stretches of time. Sun radiation causes a chemical reaction that fades color faster both from the skin and from the hairs.
- Avoid oil-based products. Oil in skincare accelerates the fading of color from both the skin and the hairs. This includes makeup removers, cleansers, and moisturizers. Study the ingredients list of your skincare – they may contain oils you don't even know about.
- Avoid retinol, acids, and other anti-aging or skin brightening ingredients. These substances accelerate the skin cell turnover cycle, and they wash away the color from the skin.
- Avoid touching your brows. Rubbing your brows with your fingers or with a cotton pad will wipe off the color from the skin.
- Avoid any exfoliation. This applies to both mechanical scrubs and chemical peels.

Rubbing removes the color mechanically. Ingredients that do a chemical peel accelerate the skin cell turnover and fade the color.

- Avoid waxing your brows. If you get wax onto the tinted area, it will remove the color. Tweeze out your stray hairs instead.