



Lash Lift & Tint Before and After Care

Prior to the Lash Lift & Tint treatment, please observe the following:

- Remove contact lenses before your treatment. We provide solution and cases if needed.
- Come to your appointment without any eye makeup.
- Stop use of water- proof mascara 2 days prior to your appointment.
- Avoid using waterproof mascara 2-3 days prior as it can leave a residue that may prevent lashes from lifting properly.
- Avoid curling your natural lashes with a lash curler for 24 hours prior to your appointment.
- Ensure that you do not have an eye infection or irritation of the eye area - as treatment cannot be performed until this has cleared up.
- If you have had Lasik surgery, you must wait a minimum of 6 months from the time of your procedure.
- If you haven't filled out the consent form prior to your appointment, come a little early to complete it.
- We can not do a Lash Lift & Tint if you currently have extensions.

After-care instructions for Lash Lift & Tint:

- Do not get your lashes wet for the first 24 hours.
- Avoid hot water, steam rooms & swimming for the first 24 hours.
- No mascara for the first 24 hours & avoid waterproof mascaras in general.
- Sleep on your back or side & keep your lashes off the pillow for the first 24 hours. Your lashes are prone to kinks during the first 24 hours after the procedure.
- Wait at least 6 weeks until your next lift & tint appointment.
- Avoid eyelash curlers as they may weaken and damage your lashes.

- Do not touch or rub your eyes, eyelashes, or eyebrows immediately after the treatment.
- If redness or irritation occurs, apply a cool damp cotton compress to the eye area. If symptoms persist for more than 24 hours seek medical advice.
- Be gentle with your lashes - no rubbing or pulling.
- Remove eye makeup gently with non-oily remover.
- Gently brush your lashes as needed with a lash brush.
- Avoid any oils around your eyes for 2 days after treatment.

If you are concerned about any reaction, please call XO Betty and contact your healthcare provider immediately.