



## **Permanent Make Up Brows**

### **Before/After Care**

**FAILURE TO FOLLOW AFTER-CARE INSTRUCTIONS MAY RESULT IN  
INFECTIONS, PIGMENT LOSS, OR DISCOLORATION**

**AT FIRST SIGN OF INFECTION CONTACT YOUR PHYSICIAN IMMEDIATELY**

**The day of the treatment:** Gently blot the area with clean tissue to absorb excess lymph fluid, if any. Do this every 5 minutes for the full day until oozing has stopped. Removing this fluid prevents hardening of the lymph.

#### **DAYS 1-10:**

1. Do a single wipe with a damp cloth/paper towel, squeezed out completely, with a mild, fragrance free antibacterial soap (Dial, Cetaphil, Neutrogena) once a day. Pat dry gently with a clean paper towel.
2. Apply a rice grain amount of aftercare ointment (Aquaphor or grapeseed oil) with a cotton swab and spread it across the treated area. Be sure not to over-apply as this will suffocate your skin and delay healing. The ointment should be barely noticeable on the skin. Never put the ointment on a wet or damp tattoo.

***Limit your showers to 5 minutes, so you do not create too much steam. Keep your face/procedure area out of the water, while you wash your body, then, at the end of the shower, wash your hair. Your face should only be getting wet at the very last end of the shower. Avoid excessive rinsing and hot water on the treated area.***

#### **THINGS TO REMEMBER:**

- Use a fresh pillowcase. Avoid sleeping on your face for the first 10 days.
- Let any scabbing or dry skin naturally exfoliate away. DO NOT rub, pick, or scratch the treated area to avoid scarring and pigment loss.
- No facials, botox, chemical treatments, or microdermabrasion for 4 weeks.
- Avoid hot, sweaty exercise and long hot showers for 10 days
- Avoid direct sun exposure or tanning for 4 weeks after the procedure. Wear a hat when outdoors.
- Avoid sunscreen on the area until healed. (Day 14)
- Avoid any water submerging (swimming, lakes, hot tubs) for the first 10 days
- Avoid touching the area of tattoo unless necessary and always make sure hands are clean

- After the healing is complete (Day 14), you may go back to your regular cleansing and makeup routine. Avoid scrubbing/exfoliating the area. Avoid any products that contain Retin-A or Glycolic Acids.
- You may fill in the tattooed area with brow pencil or brow powder **after 2 weeks** and keep hair away from face, especially bangs.

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#### *YOU MAY EXPERIENCE:*

- Too dark and slightly uneven appearance. After 2-7 days the darkness will fade, and once any swelling dissipates, unevenness usually disappears. If some remains, we will make adjustments during the touchup appointment.
- Color change or color loss: As the procedure area heals, the color will lighten and sometimes seem to disappear in places. This can all be addressed during the touch up appointment, which is why the touch up is necessary. The procedure area has to heal completely before we can address any concerns. Complete healing takes about four (4) weeks.
- A touch up may be needed 6 months to 1 year after the first touch up procedure for microblading. Permanent eyeliner and powder brows typically last 2-5 years. This timeline will depend on your skin, medications, sun exposure, and products used. Future touch up sessions will cost the current touch up rate at the time you have it done. If most of the hair strokes/tattoo has faded, the entire procedure will need to be repeated. An email photo consultation may be necessary to determine if you need a touch up or an entire procedure
- Color **will fade/soften anywhere from 40%-60%**. At the touch up, we will fine tune any area that has faded too much. Healing is specific to each client. Fading will happen after each procedure. We do not have control over your body's healing process. With microblading, you may need to powder and/or pencil in even after the healed results. This is an enhancement to your natural brows, not a permanent one.

#### **Powder/Ombre/Combo Brows**

- **Day 1-2:** Color will be darker and bolder in width (keep moist with Aquaphor, A&D Ointment, or Grapeseed Oil)
- **Day 3:** Exfoliation will begin causing the excess pigment surrounding the eyebrow procedure to flake away and the eyebrows will appear narrower
- **Day 4:** Eyebrow may itch, this is the normal healing process – do not pick at the area
- **Day 5:** Pigment will peel off and the eyebrows will appear softer
- **Day 6-14:** Color enhances to final results.

#### **Microblading**

- **Day 1-4:** Color will be darker and bolder
- **Day 5:** Pigment will start to peel off. Eyebrow may itch, this is the normal healing process – do not pick at the area

- **Day 8-12:** You may have lost up to 80% of your pigment and feel like your brows are gone
- **Day 14-28:** They are still patchy but the color is starting to come back