



## **Threading After Care**

Since threading can cause minimal redness and slight skin irritation, it's recommended to take extra care of **your skin** immediately and in the days following your threading session. Here are some eyebrow threading aftercare tips you should consider to treat your skin after threading:

- Ice Cubes
  - Use ice on the threaded area to soothe any puffiness or redness. You can apply ice or any other cold compress immediately after your threading service, and before any of the eyebrow threading aftercare advice below.
- Rose Water Spritz
  - Spritz your face or treated area with rose water. Since rose water has anti-inflammatory properties, it can help reduce the redness of irritated skin. You can use the spritz throughout the day until your skin is no longer red or sensitive.
- Aloe Vera Cream
  - A vital step in our Ziba Beauty threading service includes the application of cooling gel to the threaded skin. This gel includes aloe vera, which helps reduce inflammation and redness. At home, you can continue to apply an aloe vera cream to soothe your skin.
- Tea Tree Oil
  - Part of our suggested skincare tips after threading also includes tea tree oil. If you prefer oils over creams or face spritz, this may be the better alternative for you since tea tree oil also reduces inflammation to encourage skin healing, but in an oil base.
- Moisturize
  - Hydrate your skin as much as possible. As part of your daily and/or nightly beauty routine, apply a moisturizer that does not contain perfume or alcohol, since these can deter your healing process and cause more irritation.

- Don't Exfoliate
  - Proper exfoliation is necessary in a beauty routine in order to remove dead skin cells clogging the skin and uncover fresh new cells below. However, we highly suggest you not exfoliate at least 24 hours after your threading service, to avoid any unnecessary irritation.
- Avoid the Sun
  - Many people experience sun rashes naturally, which results in a red, itchy rash when exposed to too much sunlight. Therefore, we suggest you not increase your chances of further irritating your skin by avoiding direct sunlight altogether.
- Sunscreen
  - If you do not typically use sunscreen as part of your daily beauty routine, we suggest you begin to incorporate one with least SPF 30— especially in the days post your threading service. This will add a layer of protection against harmful UV rays that could add irritation to your skin.